

Welcome to the Butler Running Club (BRC)!

General Information -The Butler Running Club presents Youth Spring (Outdoor) Track & Field- a competitive travel team, member of the [Lakeland Youth Track & Field League](#) hosting about 20 other Morris County recreation track programs. Meets are **normally** held on Sundays of April and May.

Runners compete in age groups 9-10, 11-12, 13-15 (non-high school). Eligible participants must be between 9 to 15 years old as of December 31, 2024 meaning born in 2015 or earlier.

For example, if a runner is 10 during the track season March-May but has a birthday in November, their age group is 11-12 because they turn 11 this year.

Runners may compete in a variety of distance and sprint (running) events, long jump, or shot put in field events. Athletes must attend at least **two** practices prior to competing at any weekly event and at least 3 for a championship meet.

Registration- is managed by [Butler Recreation Department](#) via community pass. Registration fee of \$125- includes about 10 weeks 4-day 1-1.5 hour practice week, 6 weekly meets (games) and 2 championship meets.

Uniforms will require a deposit reimbursed at season's end upon return of gear distributed. Apparel will be available for purchase through a third party TBD.

Practices- begin around the third week of March weather/track permitting.

We **usually** practice Monday thru Thursday at **6pm sharp**; we meet at 5:45ish at Butler Track. Practice locations **may** change depending upon venue accessibility but times are mostly static.

Preparation- Dress appropriately for the weather. Early in the season it will be very cold to cold, meaning sweatpants/sweatshirts (layers), gloves, hats, double socks and a pair of quality running sneakers is advisable. As the season progresses it will warm up and we will get rain from time to time. This happens a lot. We will still practice/compete depending on severity. Keep towels and flip flops handy.

Hydrate- always drink and bring plenty of water.

Communication- Practices, changes, cancellations and other announcements will be made via [Remind App](#).

Welcome to the Butler Running Club (BRC)- JR Bulldogs.

The Jr Bulldogs track program runs concurrently/alongside our competitive travel team, however, will not compete at our weekly sanctioned league meets. Athletes at this division are invited to practice track running events only and become exposed to organized sports activities.

Athletes born in 2016, 2017, and 2018 are eligible for this program.

Born in 2015 - NOT eligible for jr bulldogs- YES eligible for the travel team

Born in 2016 - eligible for jr bulldogs

Born in 2017 - eligible for jr bulldogs

Born in 2018 - eligible for jr bulldogs

Born in 2019 - NOT eligible to participate... sorry :(see you soon though :)

Registration- is managed by [Butler Recreation Department](#) via community pass Registration fee of \$50- includes about 8 weeks 2-day 1 hour practice weeks. All Jr's will be given a uniform shirt to be worn at all practices.

Practices- begin around the third week of March weather/track permitting.

The Jr's will practice Mondays and Wednesdays **6pm sharp**; we meet at 5:45ish at Butler Track. Practice locations **may** change depending upon venue accessibility but times are mostly static.

Parents are required to walk their children onto the track and also come to the track to pick them up for all practices. You may arrange drop off/pick up with other parents. Parents of 5 and 6 year olds must remain at the track during practices.

Preparation- Dress appropriately for the weather. Early in the season it will be very cold to cold, meaning sweatpants/sweatshirts (layers), gloves, hats, double socks and a pair of quality running sneakers is advisable. As the season progresses it will warm up and we will get rain from time to time. This happens a lot. We will still practice/compete depending on severity. Keep towels and flip flops handy.

Hydrate- always drink and bring plenty of water.

Communication- Practices, changes, cancellations and other announcements will be made via [Remind App](#).